Along the way he has had training in The Nurtured Heart Approach, Solution Focused Brief Therapy, Psycho Drama, Psycho Motor Therapy, Shadow Work, Wilderness Passage Rites Guiding, 4 Gateways Coaching and multiple leadership trainings with the Sterling Institute of Relationship, the Men's Leadership Alliance, Northeast Men's Alliance and The Mankind Project. He currently act as a guide for small group online sessions on the Circles platform for Harvard Business School's Owner President Manager program.



